



Caversham Park Primary School PSHCE Curriculum Map

Together we enjoy, create and achieve

	Relationships		Living in the wider world		Health and Wellbeing	
	Be Responsible & Persevere	Be Curious	Be Confident	Work Together	Be Creative	Be Reflective
British Values	Mutual Respect, Tolerance	Mutual Respect, Tolerance	Rule of Law, Democracy	Rule of Law, Democracy	Individual Liberty	Mutual Respect, tolerance, Individual Liberty
Unit	Families, friends and people who care for me	Respectful relationships on and offline	Keeping safe	Belonging to a community	Physical health & Mental wellbeing	Growing and changing (Year group specific-annual)
EYFS (annual coverage)	Who is special to me? Special people who care for me; how to care for special people; how to ask for help	What does it mean to be kind or unkind? Self-respect; what kind and unkind mean; making new friends; playing cooperatively	What helps us to stay safe? How rules and age restrictions help us; adult supervision; Recognising privacy; staying safe; people who care for me; what is the internet and how do we use it safely	What jobs do people do? Belonging to a group; what rules are; caring for others' needs. Strengths and interests; jobs in the community	What helps us grow and stay healthy? Keeping healthy; food and exercise, hygiene routines; sun safety	Reception What are the human life stages? Life cycles in nature; how I have grown; life stages, naming basic body parts
EYFS & KS1 - Cycle A	What makes a good friend? Making friends	What is bullying? Self-respect; what kind and unkind mean; making new friends; playing cooperatively. How behaviour affects others; being polite and respectful; recognising bullying; how and why people use the internet; whom they can tell if they see something on or online that makes them feel uncomfortable.				Year 1 What is the same and what is different about our bodies? Recognising what makes them unique and special; feelings; life stages; similarities and differences in human bodies
EYFS & KS1 - Cycle B	Who is special to us? Different families, care roles of special people *EYFS - special people at home and in school	What is the same and what is different about us? Recognising things in common and differences; playing and working cooperatively; sharing opinions; recognising hurtful behaviour online and what to do if this happens	Who helps to keep us safe? Managing secrets; resisting pressure and getting help; recognising hurtful behaviour; Safety in different environments; risk and safety at home; emergencies; keeping safe online	How can we look after each other and the world? Belonging to a group; roles and responsibilities; being the same and different in the community What money is; needs and wants; looking after money	What helps us to keep healthy? Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help.	Year 2 How are our bodies the same and how are they different? Recognising what makes them unique and special; assertiveness; growing from young to old; differences in human bodies
Years 3 & 4 - Cycle A	How can we be a good friend? Positive and healthy friendship qualities	How do we treat each other with respect? Recognising respectful behaviour; the importance of self-respect; courtesy and being polite; similarities and differences between bullying on and offline	What keeps us safe? Personal boundaries; safely responding to others; the impact of hurtful behaviour; risks and hazards; safety in the local environment and unfamiliar places; what is appropriate to share online; privacy and personal boundaries online	What makes a community? Belonging to a group; roles and responsibilities; being the same and different in the community What money is; needs and wants; looking after money	What does it mean to maintain a balanced lifestyle? Health choices and habits; what affects feelings; expressing feelings	Year 3 What is puberty and what outside body changes might there be? How babies develop; what babies need to live and grow; outside body changes; family stereotypes



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Years 3 & 4 - Cycle B	<p>What are families like? Features of family life</p>	<p>What strengths, skills and interests do we have? How do we treat each other with respect?</p>	<p>How can we recognise and manage risks online? Responding to hurtful behaviour; managing confidentiality; Recognising risks online; how people behave differently online including pretending to be someone else</p>	<p>How can our choices make a difference to others and the environment? What makes a community; shared Responsibilities; making decisions about money; using and keeping money safe</p>	<p>Why should we eat well and look after our teeth? Why should we keep active and sleep well? Maintaining a balanced lifestyle; oral hygiene and dental care; medicines and household products; drugs common to everyday life</p>	<p><u>Year 4</u> How will puberty change our bodies on the outside? Genetics; circles of change; outside body changes; dealing with change</p>
Year 5	<p>How can friends communicate safely? Managing friendships, peer approval and influences</p>	<p>What makes up a person's identity? Responding respectfully to a wide range of people; recognising prejudice and discrimination; identifying and reporting online bullying and discrimination of groups or individuals e.g. trolling and harassment impact of peer approval online</p>	<p>How can we help in an accident or emergency? How can you show that your body belongs to you? Physical contact and feeling safe; basic first aid; how to contact emergency services</p>	<p>What jobs would we like? Protecting the environment; compassion towards others Identifying job interests and aspirations; what influences career choices; workplace stereo- types</p>	<p>How can drugs common to everyday life affect health? Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies. Keeping safe in different situations, including responding in emergencies, first aid</p>	<p><u>Year 5</u> What is puberty? Self and body image; puberty; attraction; accepting change</p>
Year 6	<p>What does it mean to be in a loving, healthy relationship? Romantic relationships, civil partnerships and marriage</p>	<p>How can the media influence people? Expressing opinions and respecting other points of view, including discussing topical issues; assess the risk of different online 'challenges' and 'dares'</p>	<p>How can we recognise and manage pressure? Valuing diversity; challenging discrimination and stereotypes Recognising and managing pressure; consent in different situations; reporting and seeking advice on how to keep personal information safe including online;</p>	<p>What decisions can people make with money? Influences and attitudes to money; money and financial risks</p>	<p>How can we keep healthy as we grow? What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online; regulations and choices; drug use and the law; drug use and the media</p>	<p><u>Year 6</u> How are babies made? Self and body image; puberty; female and male reproductive system; conception to birth; attraction; becoming a teenager</p>