



# Caversham Park Primary School

*Together we enjoy, create and achieve*

## **PE Rationale**

We value PE in Caversham Park Primary School: we are athletes! Our PE curriculum aims to engage and include all children in highly active and fun PE lessons, to develop skills, an enjoyment and love for sport, whilst encouraging a healthy, active lifestyle that children will carry with them through life. We deliver a curriculum rich in knowledge and skills with sequenced lessons that allow children to build their confidence and competence across a range of sports. We include regular opportunities for all children to be involved in competitive sport and individual sport against their peers by participating in intra-school and inter-school competitions.

### **Curriculum Intent:**

The curriculum is designed to develop knowledge and skills that are progressive, as well as transferable allowing the children to build upon their growing confidence and competence in sport. Every lesson and unit has a clear learning intention, success criteria and skill development thus ensuring end points are met.

We intend the skills and knowledge that the children gain to be built upon each year as well as across one year. So, in Key Stage One, in Year 1, children learn skills in running, jumping and throwing, mastering basic movement skills and then revisit these skills when attacking, defending and shooting in term 5. In Year 2, the children revisit running, jumping and throwing (and attacking, defending and shooting) but go beyond mastering basic movements to making choices about which skill to use and further developing their coordination skills.

In Key Stage Two, key sports have been selected to ensure children develop their skills and knowledge across the key stage. These key sports are: gymnastics, dance, tag rugby, football, hockey, netball, cricket, tennis, netball, OAA, athletics and rounders. Children will revisit the skills involved in, for example, hockey so that in Year 3 they are developing hockey skills by learning how to hold a stick, dribble and start to control the ball and by Year 6, the children are working collaboratively as a team to score in a variety of game situations.

We intend for children to utilise the skills that have been developed through out their learning in PE to become Play Leaders in Year 6, leading younger children in structured play during their break times. They receive training and are taught skills such as communication, fair play, organising groups/teams to deliver fun playground sessions where they fully embrace and model our school learning behaviours.

At Caversham Park we believe that PE should be accessible to all children and as such the curriculum is designed so that teachers can scaffold the lessons to suit the individual child. All individual lessons have a clear progression in skills (see individual lesson plans) and all children participate in intra-school competitions. All children have access to a full curriculum and have the opportunities to Enjoy, Create and Achieve!

### **Curriculum Implementation:**

All children engage in two PE lessons a week with each year group developing skills in the same sport in the same term. All lessons are sequenced appropriately in order to develop the skills required to perform competently and confidently in a competitive situation (see planning). This also enables us to have successful termly intra-school competitions.

Skilled sports coaches and PE specialists are utilised to achieve the desired outcomes through leading CPD, supporting teachers and leading some lessons. We have a long partnership with local sports providers who work closely with staff to deliver some of our PE curriculum. We also have links with larger sport organisations such as Reading FC and Abbey RC who provide support beyond the PE curriculum, by delivering sessions within the school day and promoting sport outside of the school day. We also utilise our local sports providers in the delivery of afterschool sport as they promote their clubs during assemblies, enabling a high uptake as the children have worked closely with the coaches during the school day. Where possible, staff also offer sporting opportunities beyond the school day. Thus, we aim for sport and being active to be a lifelong habit.

Through working with the North Reading partnership of Primary Schools and our local School Games Mark lead, we ensure that we participate in a range of inter-school competitions. The North Reading Partnership coordinates and runs competitions throughout the school year both during and after the school day in sports such as cross-country, netball and Boccia thus enabling us to not only compete against school in the immediate local area but to provide wider sporting opportunities. The School Games Mark inter-school competitions enable us to compete against schools across Reading.

Teachers and swimming instructors work closely to ensure all children are on track to achieve the minimum expectation of being able to swim confidently and competently over 25 metres.

### **Curriculum Impact:**

We assess PE using formative assessment, assessing children not only within the lesson but across the unit. Selected units culminate in an intra-sport competition where all children show the knowledge and skills that they have gained throughout the unit. Thus, teachers have a clear idea of the impact of their teaching and are able to ensure that children who are achieving well, as well as those who need additional support, are identified, and additional provision and strategies are planned in for future learning both from lesson to lesson and from unit to unit.

EYFS is the start of the children's journey as an athlete and by the end of their time in EYFS the children will have:

- Developed and improved their fine and gross motor skills.
- Developed and built relationships, increasingly learning how to manage themselves and self-regulate. Thus, they are fully prepared to participate in PE lessons as a discrete subject in KS1.

By the end of their Primary school journey as an athlete, children at Caversham Park Primary, will leave us:

- Knowing how to use a broad range of skills in different ways and to link them to make actions and sequences of movement
- Understanding how to improve in different physical activities and sports
- Being able to recognise, evaluate and celebrate their own physical successes
- Being able to communicate, collaborate and compete with each other
- With a keenness to participate in sporting activities, and clubs both in school and within the wider community
- Having developed flexibility, strength, technique, control and balance
- Being able to continue to apply and develop a broader range of skills; they will be ready for the demands of the KS3 PE curriculum