

Year 5

Relationships and Sex



Relationships -
friendship, physical
attractions



**Consent and
appropriate touch**



Vocabulary - Including: menstruation,
pubic hair, facial hair, erection, ejaculation, wet
dream, breasts, hormones, ovulation, fallopian
tube, sperm, semen, eggs, ovaries, vagina,
testicles, womb, uterus, penis, sanitary towel
and tampon,



**Puberty - including
periods**



**Body Image - self
esteem, media**



Transition to Year 6