



Caversham Park Primary School

Queensway, Caversham Park Village, Reading, RG4 6RP.

Headteacher: Miss G. Ray

Telephone: (0118) 9375433

e-mail: admin@cavershampark.reading.sch.uk

website: www.cavershamparkprimaryschool.co.uk

Together we enjoy, create and achieve

Tuesday 7th February 2023

Dear Parents/Carers,

Today we have been joining schools and youth organisations across the UK in celebrating **Safer Internet Day 2023**. Safer Internet Day is a global campaign to promote the safe and responsible use of technology, which calls on young people, parents, carers, teachers, social workers, law enforcement, companies, policymakers and more, to join together in helping to create a better internet.

Using the internet safely and positively is a key message that we promote at school and celebrating Safer Internet Day is a great opportunity for us to re-emphasise the online safety messages we deliver throughout the year.

This year the theme is "Want to talk about it?" which is about creating a safe space for conversations about life online. The aim is to put the children's voices at the heart of internet safety and encourage them to shape the online safety support they receive.

We would be delighted if you could join us in celebrating the day by continuing the conversation at home. To help you with this, please visit the Safer Internet Day website [here](#). This page includes lots of advice for opening up conversations with your child/ren with advice on how to manage difficult issues. There are some top tips for parents and carers [here](#) too.

Some other resources which you may find helpful in supporting your child online are outlined below. Click on the links to access the materials:

- Tips, advice and guides for parents and carers from the [UK Safer Internet Centre](#)
- Advice for parents and carers from [Childnet](#)
- Reviews and information about games, apps, TV shows and websites from [Common Sense Media](#)
- Help on using parental controls and privacy settings from [Internet Matters](#)
- Information and reporting of online grooming or sexual abuse from [CEOP](#)

You may also find the following guides helpful for yourself or your child/ren:

- <https://nationalonlinesafety.com/guides>
- Roblox Checklist - <https://swgfl.org.uk/assets/documents/roblox-checklist-new.pdf>
- Instagram Checklist - <https://swgfl.org.uk/assets/documents/instagram-checklist.pdf>
- TikTok Checklist - https://swgfl.org.uk/assets/documents/tiktok-checklist-2021.pdf?_id=1638958429

There are also guides available on the school website.



It is important to remember that when we talk about "internet/online safety" this encompasses all aspects of the technological world including gaming; social media use; watching and producing online content, including videos and private messaging / chat. Therefore, remember to open up conversation around all of these issues and avoid just focussing on traditional internet use.

Online safety is an important issue, which as a school we're committed to teaching our learners about and your support at home will really benefit your child/re. We would particularly like your support in helping children to reduce their screen time and to ensure that children are only playing or watching age appropriate content as these two issues can have a detrimental effect of young children's mental health.

If you have any concerns or questions about keeping your child safe online, please do get in touch with your child's class teacher; myself or Miss Ray.

Kind regards,

Yours sincerely,

Mrs J Twyford

BE SMART ONLINE

**S****SAFE**

Keep your personal information safe. When chatting or posting online don't give away things like your full name, password or home address. Remember personal information can be seen in images and videos you share too. Keep them safe to keep yourself safe.

**M****MEET**

Meeting up with someone you only know online, even a friend of a friend, can be dangerous as this person is still a stranger. If someone you only know online ever asks you to meet up, for personal information or for photos/videos of you then tell an adult straight away and report them together on www.thinkuknow.co.uk

**THINK
U
KNOW****A****ACCEPTING**

Think carefully before you click on or open something online (e.g. links, adverts, friend requests, photos) as you never know where they may lead to or they may contain viruses. Do not accept something if you are unsure of who the person is or what they've sent you.

**R****RELIABLE**

You cannot trust everything you see online as some things can be out of date, inaccurate or not entirely true. To find reliable information compare at least three different websites, check in books and talk to someone about what you have found.

**T****TELL**

Tell a trusted adult if something or someone ever makes you feel upset, worried or confused. This could be if you or someone you know is being bullied online. There are lots of people who will be able to help you like your teachers, parents, carers or contact Childline – 0800 11 11 or www.childline.org.uk

**BE SMART WITH A HEART**

Remember to always be smart with a heart by being kind and respectful to others online. Make the internet a better place by helping your friends if they are worried or upset by anything that happens online.

