



PSHCE

Year: 6

Term 3

Theme: Keeping Safe

**Core Learning Behaviour: Be confident**

**Safeguarding Alerts: (add individual children's initials where applicable) - 'MM'**

Be aware of:

- Have been or are the victim of or the perpetrator of broken boundaries and lack of privacy in an abusive manner online including sexual harassment, abuse or grooming

**Mental Health and Wellbeing:**

**Pupils should know...**

- that mental wellbeing is a normal part of daily life, in the same way as physical health
- the benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness
- simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests
- isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support
- where and how to seek support

**Knowledge:**

- about the shared responsibility if someone is put under pressure to do something dangerous and something goes wrong
- strategies to respond to pressure from friends incl. online to do something unsafe or that makes them feel worried or uncomfortable
- how to assess the risk of different online 'challenges' and 'dares'
- how to get advice and report concerns about personal safety, including online
- what consent means and how to seek and give/not give permission online
- how to protect personal information online
- to identify potential risks of personal information being misused
- strategies for dealing with requests for personal information or images of themselves
- to identify types of images that are appropriate to share with others and those which might not be appropriate
- that images or text can be quickly shared with others, even when only sent to one person, and what the impact of this might be
- what to do if they take, share or come across an image which may upset, hurt or embarrass them or others
- how to report the misuse of personal information or sharing of upsetting content/images online
- about the different age rating systems for social media, T.V, films, games and online gaming
- why age restrictions are important and how they help people make safe decisions

\*Taught via computing curriculum\*

**Skills:**

**Children will be able to demonstrate or talk about their understanding of...**

- Shared responsibility if someone is put under pressure to do something dangerous and something goes wrong
- Strategies to respond to pressure from friends incl. online to do something unsafe or that makes them feel worried or uncomfortable
- How to assess the risk of different online 'challenges' and 'dares'
- How to get advice and report concerns about personal safety, including online
- What online consent means and how to seek and give/not give permission online
- How to protect personal information online
- Potential risks of personal information being misused
- Strategies for dealing with requests for personal information or images of themselves
- Types of images that are appropriate to share with others and those which might not be appropriate
- How image or text can be quickly shared with others, even when only sent to one person, and what the impact of this might be
- What to do if they take, share or come across an image which may upset, hurt or embarrass them or others
- How to report the misuse of personal information or sharing of upsetting content/images online
- The different age rating systems for social media, T.V, films, games and online gaming
- Why age restrictions are important and how they help people make safe decisions

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**Prior Learning:**

- 'Keeping Safe' PSHE Units: YR-5 and Respectful Relationships online PSHE Units YR - 5.

**Vocabulary:**

Consent, permission, law, 'upsetting content/images online,' pressure, age restrictions.

**Cross Curricular Links:**

Computing curriculum: Termly internet safety lessons (incl. Whole School Internet Safety Day activities: YR-4)  
PE: negotiating space with others in sports activities

**Oracy:**

Provide sentence stems for responses and encourage all to respond in the circle. Work small groupings to encourage all children to participate and to promote active listening.

**Wider Reading**

It's my body! What I say goes! by Jayneen Sanders

**Enrichment**

Internet Safety Day. NSPCC assembly and workshop (every 3 years)

