



PSHCE

Year 6

Term 1

Theme: Families, Friends and People who care for me

Core Learning Behaviour: Be Responsible and Persevere

Safeguarding Alerts: (add individual children's initials where applicable) - 'MM'

Be aware of:

- children's home circumstances including cultural beliefs and traditions with regard to family set up
- disclosures of any physical, sexual or emotional abuse triggered by lessons

Mental Health and Wellbeing:

Pupils should know...

- Simple self-care techniques, including the importance of rest, time spent with friends and families and the benefits of hobbies and interests
- Isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support
- Where and how to seek support
- That there is a normal range of emotions and a scale of emotions that all humans experience in relation to different experiences and situations
- How to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings

Knowledge:

- what it means to be attracted to someone and different kinds of loving relationships
- that people who love each other can be of any gender, ethnicity or faith
- the difference between gender identity and sexual orientation and everyone's right to be loved
- about the qualities of healthy relationships that help individuals flourish
- ways in which couples show their love and commitment to one another, including those who are not married or who live apart
- what marriage and civil partnership mean e.g. a legal declaration of commitment made by two adults
- that people have the right to choose whom they marry or whether to get married
- that to force anyone into marriage is illegal
- how and where to report forced marriage or ask for help if they are worried

Skills:

- know what it means to be attracted to someone and different kinds of loving relationships
- be aware that people who love each other can be of any gender, ethnicity or faith
- know the difference between gender identity and sexual orientation and everyone's right to be loved
- about the qualities of healthy relationships that help individuals flourish
- share ways in which couples show their love and commitment to one another, including those who are not married or who live apart
- know what marriage and civil partnership mean e.g. a legal declaration of commitment made by two adults
- know that people have the right to choose whom they marry or whether to get married
- know that to force anyone into marriage is illegal
- know how and where to report forced marriage or ask for help if they are worried

Prior Learning:

Y2 T1 - conflict resolution and feeling included and excluded.
 Y3 T1 - respecting diversity and relationship values.
 Y4 T1 - cause and effect of actions, differences between on and offline relationships, relationship webs
 Y5 T1 - peer influence, anti-discrimination, online safety

Vocabulary:

Behaviour, choices, rights, responsibilities, rewards, empathise, respect, attraction, pressure, power, control, cyberbullying, body language, boyfriend, girlfriend, loving relationships, gender identity, sexual orientation, commitment, marriage, civil partnership, arranged marriage, forced marriage, consent.

Cross Curricular Links:

PE - team games - working cooperatively with others
 RE - self respect and respect towards others, marriage and traditions in faith

Oracy:

Children will be provided with sentence stems to support discussions.

Wider Reading

Enrichment

Transition activities
 Internet Safety computing lessons