



**PSHCE**

**Year: 5**

**Term 4**

**Theme: Belonging to a community**

**Core Learning Behaviour: Working Together**

**Safeguarding Alerts: (add individual children's initials where applicable) - 'MM'**

Be aware of:

- Children may disclose experiences of emotional or psychological abuse at home

**Mental Health and Wellbeing:**

**Pupils should know...**

- the benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness
- simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests
- isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support
- where and how to seek support

**Knowledge:**

- about how resources are allocated and the effect this has on individuals, communities and the environment
- the importance of protecting the environment and how everyday actions can either support or damage it
- how to show compassion for the environment, animals and other living things
- about the way that money is spent and how it affects the environment
- that they are entitled to their own opinions about their responsibility towards the environment

**Skills:**

- Talk about how resources are allocated and the effect this has on individuals, communities and the environment
- Discuss the importance of protecting the environment and how everyday actions can either support or damage it
- Describe how to show compassion for the environment, animals and other living things
- Give examples about the way that money is spent and how it affects the environment
- Express their own opinions about their responsibility towards the environment

**Prior Learning:**

- Rec, Y1 & 4 Term 5 - the benefits of being outdoors in nature
- Rec, Y1 & 4 Term 2 - Respectful relationship lessons (all)
- Rec, Y1 & 4 Term 3 - Keeping Safe (all)

**Vocabulary:**

Environment, protecting, community, volunteering, work, compassion

**Cross Curricular Links:**

PE: team games

RE: community faith and religion

History: Looking at communities in the past

**Oracy:**

Circle time discussions - use class toy to know when to speak. Provide sentence stems for responses and encourage all to respond in the circle.

Work in oracy groupings to encourage all children to participate and to promote active listening.

**Wider Reading**

Here we are by Oliver Jeffers  
Greta and the Giants by Zoe Tucker  
Come With Me by Holly M. McGhee, illustrated by Pascal Lemaître  
George saves the world at lunchtime by Jo Readman

**Enrichment**

Mother's Day Tea Event  
  
ROC outdoor classroom experience