



PSHCE

Year: 4

Term 2

Theme: Respectful Relationships on and offline

**Core Learning Behaviour: Be Responsible & Persevere**

**Safeguarding Alerts: (add individual children's initials where applicable) - 'MM'**

Be aware of:

- Children may disclose bullying, abusive behaviour experienced at home, school or online and disclose this information

**Mental Health and Wellbeing:**

Pupils should know...

- Simple self-care techniques, including the importance of rest, time spent with friends and families and the benefits of hobbies and interests
- Isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support
- Where and how to seek support
- that there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations.
- how to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings
- how to judge whether what they are feeling and how they are behaving is appropriate and proportionate

**Knowledge:**

**Respectful Relationships**

- that there are differences between people such as gender, race, faith
- they have things in common with others e.g. shared values, likes and dislikes, aspirations
- it is of high importance to respect the differences and similarities between people
- a vocabulary to sensitively discuss difference and include everyone

**Safe relationships**

- there is a difference between playful teasing, hurtful behaviour and bullying, including online
- there are ways to respond if they witness or experience hurtful behaviour or bullying, including online
- there are risks online such as harmful content or contact
- know how people may behave differently online including pretending to be someone they are not
- report concerns and seek help if worried or uncomfortable about someone's behaviour, including online

\*Taught via computing curriculum\*

**Skills:**

**Respectful relationships**

- recognise differences between people such as gender, race, faith
- recognise what they have in common with others e.g. shared values, likes and dislikes, aspirations
- talk about and demonstrate the importance of respecting the differences and similarities between people
- use correct vocabulary to sensitively discuss difference and include everyone

**Safe relationships**

- Make good comparisons between playful teasing, hurtful behaviour and bullying, including online
- Talk about how to and respond appropriately if they witness or experience hurtful behaviour or bullying, including online
- Recognise risks online such as harmful content or contact
- Talk about how people may behave differently online including pretending to be someone they are not
- Report concerns and seek help if worried or uncomfortable about someone's behaviour, including online

\*Taught via computing curriculum\*

**Prior Learning:**

- Rec - 3 Term 1 know what being a good friend means, know how to make friends and include others, know what causes arguments and that we can take positive steps to resolve them, know when and how to ask for help
- Rec- Y3 Term 2 - all

**Vocabulary:**

- Offline bullying, Online bullying, hurtful behaviour, perpetrator, bystander, victim, harmful, gender, race, faith, teasing, 'playful dare,' dare, secret, pressure, content, contact, pretending

**Cross Curricular Links:**

PE - team games  
Computing - online relationships, internet safety  
RE - self respect and respect towards others

**Oracy:**

Group discussions including trio, onion  
Provide sentence stems for responses and encourage all to respond.  
Work in pairs to encourage all children to participate and to promote active listening.

**Wider Reading**

**Enrichment**

Troll stinks! By Tony Ross  
Is it because...? By Tony Ross  
Tyrannosaurus Drip! By Julia Donaldson

Anti-Bullying Week  
Internet Safety Day  
World Kindness Day